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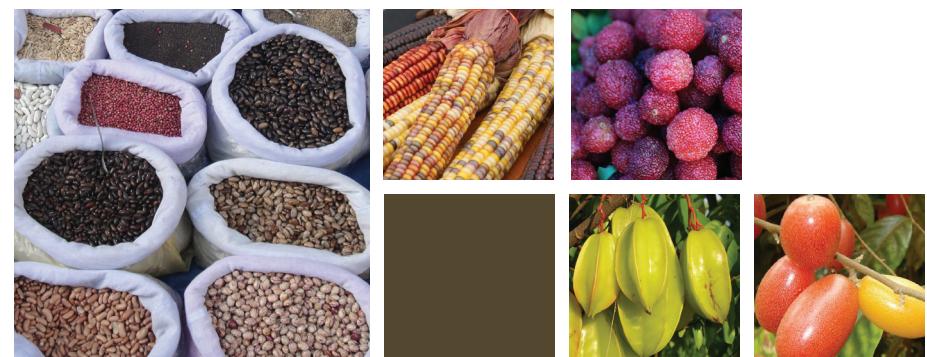
**LA PYNSAPHRIANG DA U**  
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# KI SYMBAI TYNRAI

Symboh Jingim Ka Lawei



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## Ka Jinglamphrang

Ki symbai ki long ki tynrai jong ka jingim bad khlem ki symbai ngin ym lah ban ioh ia u khaw, ki jhur, ki soh bad kumta ter ter. Da ki hajar snem mynshuwa ha kylleng satlak ka pyrthei ki nongrep ki lah jied ia ki symbai ba pher ba pher bad ki la pynneh pynsah ia ki ha ka rukom kaba dei pateng la pateng. Kane ka jingleh ka jong ki ka lah pynlong ban pynkha roi ia shibun hajar ki jait symbai bapher bapher jong ki spah tylli ki jait jingthung. Hynrei ki symbai tynrai ki lah sdang ban duh jait noh na kane ka sla pyrthei bad kawei na ki daw ba bun ka long ka jingwan jong ki symbai hybrid ba shna ki kompany bapher bapher. Haduh go na ka 100 ki jait symbai ba ju don shispah snem mynshuwa ki lah duh jait noh mynta. Kumta ka long kaba donkam eh ban tynkai ia la ki jong ki symbai tynrai ha kine ki sngi namar yn da lah dier ka por ngim ym lah shuh ban ioh biang ia kine ki symbai da lei lei ruh.

## Ka Jingdonkam Ban Pynneh Pynsah Ia La Ki Jong Ki Symbai Tynrai (Traditional Seeds)

- Ki symbai tynrai ki don ka bynta ba kongsan ha ka rukom leh niam jong u khasi u pnar . Hato lada kine ki symbai ki duh jait noh na kane ka sla pyrthei kan ym don shuh da kawei pat ka lad ban ioh biang ia ki.
- Ki symbai tynrai ki long ki ba biang bha ha ka jingdon ki kynja bitamin ba lai phew jait bad ki long ruh ha ka juh ka por ka dawai bah ba donkam ha ka met u biew.
- Lada ki nongrep ki don ia la ki jong ki symbai ki im bad ki shong shngain namar ba kim donkam ban khuslai nangno bad shano ba yn leit wad ia ki symbai ban thung. Hynrei, ha kine ki khyndiat snem bun na ki nongrep ki la ia pyrshang ban rep da ki symbai hybrid bad ki lah klet noh ia ki symbai tynrai namar ba ki symbai hybrid ki bun ka jingmih. Ngi dei ban sngewthuh ba ki symbai hybrid ba shna ki kompany bapher bapher ki long tang shipor. Ka lah ban wan ka por ba ym lah ban ioh shuh ia ki bad kum ha kata ka por ka jingduh nong kaba khraw ka lah ap lypa ia ngi ki nongrep. Ha kajuh ka por ruh ia ki symbai hybrid ym lah ban buh symbai bad ki hap ban thied man la ka aiom. Kumta ngi dei ban tynkai ia la ki jong ki symbai khnang ba kan don ka jingshong shngain hapdeng ki nongrep.
- Lada ki nongrep ki duh ia ki symbai tynrai ka mut ki hap ban shu thied

noh da kiwei pat ki jait symbai na ki paralok nongrep lane na iew lane na kiwei kiwei pat ki jaka. Kine pat ki symbai ba ki lah ban ioh ym lah ban batai satia ba ki lah ne em ban mih kum kita ki symbai ba lah ju thung mynshuwa (adapt). Bun hi na ki symbai hybrid ki shem jingeh ban mih khlem da pyndonkam ia ki sbob sorkar (chemical fertilizers) bad ki bih khniang(pesticides) namar la shna iaki ha kata ka dur. Ki kham bun ki khniang jingpang ba wan lyngshop ia ki ruh(susceptible to disease). Hynrei lada u nongrep u thung da ki symbai lokal bad u sumar bha ia ki jingthung ki jong u, un kham ioh jingmyntoi shibun na kine ki jait symbai. Ki symbai tynrai ki lah ban iaishah ia ka mariang (climate resilient) bad ki kham khlain ha ka bor ban iada ia lade na ki jait khniang bad jingpang bapher bapher(pest and disease resistant). Lah ban ong ba khamtam ha u 'hem sniew u nongrep u kham ioh jingmyntoi shibun na u symbai lokal ban na u symbai hybrid.

## Ka jingpynkut

Ban ia nujor ia ka jingmih na u symbai tynrai bad na u symbai hybrid ka kham bun hi ka jingmih na u symbai hybrid. Hynrei ha ka juh ka por ruh ka jinglut ka kham bun ha u symbai hybrid namar ki symbai hybrid ki donkam ia ki sbob sorkar(chemical fertilizers) bad ia ki bih khniang ba lai phew jait(pesticides) khnang ba yn bun ka jingmih. Kane ka jingpyndonkam pathar ia ki sbob sorkar bad ia ki bih khniang ka la pynlong ia ka khyndew bad ia ka mariang ba kan sniew (toxic). Ki symbai ruh ki long kiba rem dor bad ki bym lah ban buh na kawei ka snem sha kawei pat. Kumta u nongrep u hap thied symbai man la u snem. Hato lada u nongrep u jied ia ki symbai tynrai kiba paka bad u buh syndong bha ia ki da kaba sumar ba kin lait shah bam ha ki khniang smuit lane ki khniang ba bam ia u symbai (storage pests) bapher bapher bad lada u pyllut khyndiat ha ka sbob bad kumta ter ter hato ka jingmih kan ym bun?. Ki symbai tynrai kim da donkam eh ia shibun ka sbob bad ki bih khniang kumta ki pynneh pynsah ia ki jingim bapher bapher hapoh ka khyndew bad kumjuh ruh ha ka mariang (maintain biodiversity). Ka khyndew ka long kaba im bad kaba sei soh pateng la pateng namar kan ym don ka jingpyndonkam pathar ia ki bih khniang bad lah ban ong ba wat lada ka jingmih ka kham duna hynrei u soh ba mih u long u ba khuid na ki bih khniang. Kumta ki jingbam ba ngi bam ruh ki long ki ba khuid bad ka dawai bah ia ka met ka phad (safe food). Ha kaba yn pynkut ngi dei ban rep da kiwei ki jait symbai ruh khnang ba kan shngain ka ioh ka kot hynrei ha kajuh ka por ruh ngim dei satia ban klet ia ki symbai tynrai ba la ai pateng ia ngi da ki kmie tymmen pa tymmen namar ki dei ki tynrai jong ngi.